

GSA Phone Bridge Intergroup Meeting Agenda

Sunday February 8th, 2026

The 2nd Sunday every month

Phone: 712-432-5229, pin 4320188#

Call to order: The Chair formally opens the meeting.

Serenity Prayer – We version

God grant us the serenity
To accept the things we cannot change,
Courage to change the things we can,
And the wisdom to know the difference.

The Twelve Traditions of GreySheeters Anonymous*

1. Our common welfare should come first; personal recovery depends upon GSA unity.
2. For our group purpose there is but one ultimate authority – a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants – they do not govern.
3. The only requirement for GSA membership is a desire to stop eating compulsively.
4. Each group should be autonomous except in matters affecting other groups or GSA as a whole.
5. Each group has but one primary purpose – to carry its message to the compulsive eater who still suffers.
6. A GSA group ought never endorse, finance or lend the GSA name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose.
7. Every GSA group ought to be fully self-supporting, declining outside contributions.
8. GreySheeters Anonymous should remain forever nonprofessional, but our service centers may employ special workers.
9. GSA as such ought never be organized, but we may create service boards or committees directly responsible to those they serve.
10. GreySheeters Anonymous has no opinion on outside issues; hence the GSA name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio and film.
12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.

Attendance:

GSR's & Meeting Representatives

Chairperson
Receiving Treasurer
Reporting Treasurer
Secretary
Web Liaison
Moderator Liaison
Dashboard Liaison
AM Marathon Liaison
PM Marathon Liaison
ISR
Relapse & Recovery Coordinator
Beginners Meeting Coordinator
Members Listening

Reports:

Chair Updates –

- No Cost Calling App update
- Nominations for service positions – chairperson, secretary, intergroup service representative, group service representative

Secretary - Motion to accept minutes as posted on the website
Treasurer Report

- Norma as Receiving Treasurer
Donations update
- Sebastian as reporting Treasurer
Motion to accept as posted on website
GSAWS Donations
Invoice payment approval

Old & Unfinished Business

- Discussion about naming of specific religions, religious leaders, or deities in a phone bridge meeting as exclusive continued. GSA is a spiritual program, not a religious program so do we need an announcement or reminder added to the marathon meeting formats?
- Updates from Lynn on **No Cost Calling Line** “PBIG Announcements” recording accessible and anonymous.

New Business

- Service position announcements and/or elections

- PBIG Meetings that need service coverage

Motion to close

Closing

GSA Responsibility Pledge

When anyone, anywhere,
realizes they have a problem with food,
I want them to think of the GreySheet solution
for that, I am responsible.

Serenity Prayer – We version