

## GreySheeters Anonymous Phone Bridge Meeting Schedule

(updated January 2021) **ALL MEETINGS EASTERN TIME**

Time/Day	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>12:00 AM</b>	Relapse/Recovery (12:00 am - 12:30 am)		Relapse/Recovery (12:00 am - 12:30 am)				Relapse/Recovery (12:00 am - 12:30 am)
<b>5:30 AM</b>	5:40 Qualification ® (5:40 am - 6:50 am)	AA Big Book ® (5:30 am - 6:30 am)	AA 12 & 12 ® (5:30 am - 6:30 am)	AA/GSA Literature ® (5:30 am - 6:30 am)	Qualification ® (5:30 am - 6:30 am)	AA Daily Reflections ® (5:30 am - 6:30 am)	5:40 Tools ® (5:40 am - 6:50 am)
<b>7:00 AM</b>	Qualification ® (7:00 am - 8:30 am)	Qualification ® (7:00 am - 8:30 am)	Qualification ® (7:00 am - 8:30 am)	Qualification ® (7:00 am - 8:30 am)	Qualification ® (7:00 am - 8:30 am)	Qualification ® (7:00 am - 8:30 am)	Qualification ® (7:00 am - 8:30 am)
<b>9:00 AM</b>	Qualification Relapse/Recovery ® (9:00 am - 9:30 am)	Qualification Relapse/Recovery ® (9:00 am - 9:30 am)	Qualification Relapse/Recovery ® (9:00 am - 9:30 am)	Qualification Relapse/Recovery ® (9:00 am - 9:30 am)	Qualification Relapse/Recovery ® (9:00 am - 9:30 am)	Qualification Relapse/Recovery ® (9:00 am - 9:30 am)	Qualification Relapse/Recovery ® (9:00 am - 9:30 am)  Michigan F2F/Phone Hybrid Qualification* (9:00 am -10:30 am)
<b>10:00 AM</b>	Rotating AA Literature Study ® (10:00 am - 11:00 am)	AA Big Book ® (10:00 am - 11:00 am)	AA 12 & 12 ® (10:00 am - 11:00 am)	Qualification ® (10:00 am - 11:00 am)	Qualification ® (10:00 am - 11:00 am)	Qualification ® (10:00 am - 11:00 am)	As Bill Sees It ® (10:00 am - 11:00 am)
<b>12:00 PM</b>			Slogans Meeting (12:00pm - 12:30pm)**		50 and over Womens Qualification ® (12:00 pm - 1:00 pm)		
<b>2:00 PM</b>	Qualification Relapse/Recovery ® (2:00 pm - 2:30 pm)	Qualification Relapse/Recovery ® (2:00 pm - 2:30 pm)	Qualification Relapse/Recovery ® (2:00 pm - 2:30 pm)	Qualification Relapse/Recovery ® (2:00 pm - 2:30 pm)	Qualification Relapse/Recovery ® (2:00 pm - 2:30 pm)	Qualification Relapse/Recovery ® (2:00 pm - 2:30 pm)	Qualification Relapse/Recovery ® (2:00 pm - 2:30 pm)
<b>5:00 PM</b>	Beginners' Meeting ® (5:00 pm - 5:30 pm)	Beginners' Meeting ® (5:00 pm - 5:30 pm)	Beginners' Meeting ® (5:00 pm - 5:30 pm)	Beginners' Meeting ® (5:00 pm - 5:30 pm)	Beginners' Meeting ® (5:00 pm - 5:30 pm)	Beginners' Meeting ® (5:00 pm - 5:30 pm)	Beginners' Meeting ® (5:00 pm - 5:30 pm)
<b>6:00 PM</b>				No Matter What (6:00 pm - 7:00 pm)		WE - W/out Except ® (5:30 pm - 6:30 pm)	
<b>8:00 PM</b>	Qualification Relapse/Recovery ® (8:00 pm - 8:30 pm)	Qualification Relapse/Recovery ® (8:00 pm - 8:30 pm)	Qualification Relapse/Recovery ® (8:00 pm - 8:30 pm)	Qualification Relapse/Recovery ® (8:00 pm - 8:30 pm)	Qualification Relapse/Recovery ® (8:00 pm - 8:30 pm)	Qualification Relapse/Recovery ® (8:00 pm - 8:30 pm)	Qualification Relapse/Recovery ® (8:00 pm - 8:30 pm)
<b>9:00 PM</b>	Qualification ® (9:00 pm - 10:00 pm)	Qualification ® (9:00 pm - 10:00 pm)	Qualification ® (9:00 pm - 10:00 pm)	Qualification ® (9:00 pm - 10:00 pm)	Qualification ® (9:00 pm - 10:00 pm)	Qualification ® (9:00 pm - 10:00 pm)	Qualification ® (9:00 pm - 10:00 pm)
<b>* = Use Intergroup pin</b>							
<b>** = With option to go longer based on group conscience</b>							
<b>Holiday Marathons (5:30am-10:00pm): New Years Day, Easter, Memorial Day, July 4th, Labor Day, Halloween, Thanksgiving and Christmas.</b>							

For meeting formats, see <https://greysheetmeetings.org/phone-meeting-formats>

Obtain Phone Bridge Phone # and Meeting/Intergroup PINs <https://greysheetmeetings.org/request-a-phone-bridge-number-pin>