

Implication:

- If the World Service Conference approves the recommended procedure, the Nominating Committee will implement this procedure immediately following the 2019 conference.

SC/NSC3: The Nominating Subcommittee (of the Structure Committee) moves that GreySheeters Anonymous World Service nominate the following qualified candidates for election to the Board of Trustees for the rotating class and officer position listed.

Position	Candidate
Class Three (Terms expire in 2022)	
President	Grainne M. September 14, 1994, Texas
Vice President	Laura D L. April 16, 1982, Connecticut
Treasurer	Joyce S. March 24, 1997, Kansas
Secretary	Sandie M. August 27, 2009, California
Class Two (Terms expire in 2021)	
Assistant Treasurer	Joey M. June 7, 2013, New York City
Assistant Secretary	Lee T. March 23, 2000, New York State
Trustee	Hrafnhildur (Habby) B. November 2, 2005, Iceland
Class 1 (Terms expire in 2020)	
Trustee	Ofer L. January 25, 2002, Israel
Trustee	Sara S. May 24, 2009, France
Class B Non-Compulsive Eater Trustee	Alan S. CA/AA Sobriety date June 10, 1999, New York City

Nominating Subcommittee Attachment 1

Service Resumes of Candidates

Grainne M.

9/16/1994

GreySheeters Anonymous Service

- I started and maintained a weekly GS meeting in Kalamazoo MI from 1993 to 1997.
- In 1997, I started and maintained a weekly Houston GS meeting. Over the years, I have supported Wednesday night, Sunday morning, and Sunday afternoon GS meetings in Houston that didn't last. For our 20th anniversary, I wrote a history of the worldwide GreySheet community and the history of the Houston GSA community. Until recently I was both the secretary and treasurer of the Houston meeting.
- I initiated the Texas Intergroup and its successor, the Southwest Intergroup, and serve as Treasurer of the SWIG. I contribute to the SWIG YouTube channel.
- I started and moderated the GreyNet in 1993. I have served as owner of the group since then providing continuity across ten different moderators and I now moderate it again.
- I started and maintained the Phone List in 1994. I found a new coordinator and I helped to validate it in 2014-2015, revived it in 2017 and now maintain it again.
- I assembled a set of Resources for Newcomers and snail mailed it to people before information was available on the web. I provided the original content and structure for the GreySheet website.
- I organized meetings at the NYC Round Up on being vegan and vegetarian in GSA, wrote two documents answering questions, maintain a list of vegan and vegetarian contacts for others, and send these out approximately monthly.
- I served two 3-year terms on the BOT as web liaison and as secretary. I served on the BOT Bylaw and the World Service Conference committees.
- I served two terms as Houston Sunday meeting GSR and delegate to the 2013 and 2014 WSCs where I chaired the Structure WSC committee and was secretary for the Communication WSC committee.
- I created and managed the GSAWS 20th Anniversary GreySheet Counts census project to count every single GreySheet member in the world between October 2017 and March 2018. I sent and presented the results to every intergroup and the Board of Trustees via Zoom or phone meetings and arranged for them to be presented online.

- Currently I serve as GSR for the No Matter Bloody What Zoom meeting, which is a member of the Western States InterGroup, so I am an active participant in those meetings monthly.
- As GSR, I will be a delegate to the WSC2019 so I have been serving on the Website Subcommittee.
- I started the GSA Ireland Zoom meeting in September 2018 and currently am the Zoom moderator. This meeting is a member of the European InterGroup so I actively participate in that IG although I cannot attend the monthly meetings.
- I have served as leader of the Kansas City and Connecticut retreats and done service at multiple New York Round Ups, the Bay Area Round Up, the Austin Retreat, and the Malibu Retreat.
- Recently I assembled the notes of the 2016 WSC, the composition of the 2019WSC Committees, and a guide for the committees to prepare their reports. I presented two webinars on the guide and met with every committee at least once. I organized a series of webinars on the Concepts and Traditions for the WSC2019 delegates.
- I currently chair the BOT *ad hoc* Advisory Committee called the GreySheet Committee consisting of GSers with more than 20 years of back to back GS abstinence who have been asked by the BOT to advise on clarifications of the definition of GS abstinence and create guidelines for sponsors.
- I started the first telephone AWOL with Pat N. in 1998 and co-led or led at least two since then. I have led at least three face to face AWOLs in Houston.
- I started the first Zoom Back to Basics 12-Step workshop with Sara S. in 2018 and am currently leading a Zoom book study of one of the texts for that workshop.

Sponsorship

Absolutely critical to my continued abstinence, I sponsor between 5 and 10 GSers taking their calls every morning at five to ten-minute intervals from 6 to 7 am. Waking up every day to the commitment of GSers nourishes me.

Carrying the Message

- I attend meetings or meet one on one with GSers whenever I travel. I have attended GreySheet meetings in Germany, Italy, England, Iceland, Ireland, Canada, Cambridge, NYC, Seattle, Los Angeles, Northern California, Florida, Chicago, Kansas City, Ann Arbor, Detroit, Denver, Illinois, and Connecticut.

- I have organized pop-up meetings in Ireland, Italy, and Germany. I have started off newcomers in Spain, Italy, Kenya, Australia, South Africa, Slovakia, Ireland, Canada, and the UK in my travels.
- Even when I can't get to a local meeting when traveling, I have arranged to meet face to face with GSers in Iceland, Ireland, Germany, Italy, Australia, England, Cambridge, New York, Chicago, Phoenix, Tucson, Denver, Albuquerque, Portland, Seattle, Texas, and Illinois.

Relevant Experience and Professional Skills

My professional expertise includes project management, process redesign, training material development, team facilitation, and performance management. All of these have been helpful in my service work for GSA.

Laura D L**4/16/1982**GreySheeters Anonymous Service Positions Held (in no particular order)

- Sponsored consistently since obtaining 90 days
- AWOL leader (probably more than once but I truly can't remember - I have participated in many of them)
- Started meetings on both coasts of Florida
- Co-led Connecticut Retreat twice
- Served on NY Round-Up Committee for many years
- Have been Booker, Secretary and Treasurer countless times for multiple meetings over the years.
- Currently serving as ALT GSR for Thursday 10:15 in Greenwich, Treasurer for 2 meetings in Connecticut: Monday 7:15pm in Greenwich and Thursday 10:15am in Greenwich.
- Currently serving on GreySheet Committee since its inception (about 18 months).
- I have lived in many different cities over the years and have been an active GreySheet member in the following communities: Cambridge, MA, New York, NY, Los Angeles, CA (twice), Sarasota, FL, Broward County, FL, and Fairfield County, CT.
- I have attended and led meetings at various round-ups and retreats in New York, Malibu, CA and Connecticut.
- Recently qualified at a GreySheet meeting in Jerusalem!!! (It was so amazing that I just had to include it here.)

My primary qualification for being on the BOT is that abstinence is the most important thing in my life. I put it first and I still work it like I did in the beginning. I do not change the GreySheet, I continue to weigh and measure without exception through it all, I write my food down, commit it to my sponsor on a daily basis, sponsor people and do service. I served as the Executive Director of Northern Lights Alternatives, a former nonprofit organization in NYC which provided programs for children living with HIV/AIDS. I don't know about additional special skills from my outside/professional life (although my sense of humor comes in handy at choice moments and I play a very enthusiastic although mediocre ukulele which also provides a little levity at times.) I am computer savvy-enough. I have the desire to help our community solidify and carry the message, especially during this time when we face challenges by the disease to expand our definition of GreySheet abstinence. If it ain't broke, don't fix it. It works if we work it.

In gratitude for your service and this beautiful gift I have been given, Laura

Joyce S.**3/24/1997**

Objective	To serve as Treasurer on the GSA Board of Trustees
Service History	<p>Currently serving as Treasurer of the GSA Kansas City Saturday group for 15 years</p> <p>Have maintained phone list for GSA Kansas City Saturday group for 15 years</p> <p>Helper at the Kansas City Retreats</p>
Education	Bachelor of Science, Accountancy from the University of Missouri-Columbia
Experience	<p>Currently serving as Treasurer for the Sunflower Region of the Catechesis of the Good Shepherd, a not-for-profit religious education program</p> <p>Accountant at Holy Spirit Catholic Church for 10 years</p> <p>Auditor for the Internal Revenue Service for 4 years and United States Department of Agriculture for 2 years</p> <p>Self-employed accounting services for 10 years</p>

Sandie M.**8/27/2009**GreySheeters Anonymous Service History

- Secretary for numerous phone bridge meetings
- Treasurer for numerous phone bridge meetings
- Leader/Moderator for GSA Face to Face Skype Meeting (Now Zoom)
- Founded Tuesday “No Matter What” Skype (now Zoom) meeting
- Co-founded Sunday “Even If You’re Ass Falls Off” Skype (now Zoom) meeting
- Secretary for “Face to Face” meeting multiple times (at least a total of 12 months)
- Secretary & Moderator “No Matter What” for a total of approximately 4 years
- Co-secretary & Co-Moderator “Even If Your Ass Falls Off” for approximately 3 years
- Booker for “Face to Face” meeting for 18 months
- Booker for “No Matter What” for 18 months
- Booker for “Even If Your Ass Falls Off” for 12 months
- Served as GSR for “Even If Your Ass Falls Off” meeting or 4 months
- Helped book Christmas phone bridge marathon twice

Skills/Experience Useful to Board

- Extensive non-profit experience. Has served as Executive Director of a non-profit organization for the past 10 years.
- Served on local school board of directors for 10 years, 4 of them as president
- Creates, manages, and executes non-profit annual budget
- Has created and implemented several new youth and adult programs for non-profit
- Responsible for creating all publicity and literature for non-profit
- Prior to current position, was employed as a Human Relations Meeting Facilitator for Prudential Insurance Co.
- Maintains non-profit website

Joey M.**6/7/2013**GreySheeters Anonymous Service Experience

- NY Metro Intergroup
 - GSR Syosset Thursday 8pm meeting in Long Island NY
 - Planned and successfully led key projects such as the "Long Island Speaker Jam" from 2015- present. Raised funds for the NY Metro Intergroup to support GSR's in attending the World Service Conference
 - Literature Chairman- responsible for distribution of Greysheets within the NY region
 - Booker for the Thursday Syosset 7pm and 8pm meeting
 - Treasurer for the Glen Head 7pm meeting
- NY Round Up Committee member
 - Met with committee members on a monthly basis to review and develop ideas for the yearly NYC Round Up.
 - Collaborated with other committee members in preparation of "topics and speakers."
 - Responsible for taping of speakers' qualifications. Edited, formatted in WAV format all recordings and posted at the Greysheet website under "audio qualifications."
 - Responsible to maintain Round Up inventory of literature and non-literature at a storage.
- World Service Conference Website Committee: Participated in discussions to enhance optimization of the website
- World Service Conference Literature Committee Chairman
 - Wrote agendas and notes and sent out automatic notifications for upcoming monthly meetings
 - Developed attendance record with special attention to punctuality and preparation to work based on the 12 Traditions of GreySheeters Anonymous
 - Successfully worked with committee members key projects which resulted in presenting motions to GSAWS Conference in September 2019 including a "Living Abstinent Book" and "GSA Daily Reflection Book"

- Worked with the literature committee members to conference approve the Polish and Icelandic translation of the GreySheet
- GSA Phone Bridge Intergroup Board of Trustees
 - Proactively identified and solved complex problems impacting the daily operations of the Greysheet phone bridge
 - Monitored donations for the World Service delegate fund
 - Attended monthly meetings to create strategies and outcome-oriented solutions to enhance community relations with the GSA fellowship

Relevant Experience and Professional Skills

- Nursing Administrator: Business owner of an assisted living facility catering to the mentally and disabled geriatric community in Long Island. Job description: Administrator, Case manager, Rights Advocate, and Health Safety initiator for the Geriatric population.
- Goal and service-oriented

Summary

- Demonstrated ability to complete tasks accurately despite interruptions and competing demands.
- Motivated Chairman with 2 years of experience for the Literature committee. Recognized for developing the fellowship needs and promoting the primary purpose of the Greysheet community which is to "help the next compulsive eater." Resourceful and well-organized with excellent leadership and team building record.

Lee T.**3/23/2000**Service Experience

- Have been sponsoring for 19 years
- Recently started meeting in Syracuse, NY
- Currently serving as GSR for that meeting
- One of admins on FB's GSers NMW page
- Have led a GS Writing Group (closed group) for 13 years
- Led small GS meeting held twice a week

Relevant Experience and Professional Skills

- Many years of experience in various administrative jobs include database management, bookkeeping, managing communications, maintaining (simple) websites etc.
- Experience with producing office graphic documents – reports, PowerPoint presentations etc.
- Ability to read and process large volumes of information

Hrafnhildur (Habbý) B.**11/2/2005**

- I have 13 years of back-to-back GreySheet abstinence in GSA.
- First I served as a sponsor after 90 days and still am. I have help my sponsee to start a meeting, served as GSR and secretary many times, assist an AWOL group end and later lead an AWOL group.
- Almost every year I help in any way to organize an annual event (birthday of GreySheet in Iceland). For my first year I took the gsa.is page and we upgraded it for better result and maintained for couple of years. Also I am admin on the Icelandic Facebook page for members and the page for public.
- I was a Chair in Intergroup here in Iceland twice and know I am on Literature committee and the last project was getting the food plan translated and approved, then we printed it and handed it over.
- I have served on WSC committees (Finance and Structure) and I went to the WSC in Chicago 2013.
- My sponsee encouraged me to apply and I know my Sponsor's sponsor will also recommend me.
- I have always been willing to serve GreySheet so if you think I can be at your service, I'm ready

Relevant Experience and Professional Skills

I work in a bank as process developer. I work with a lot of people and help them to draw up their work (what they do and how and why) so that we can improve it.

Ofer I.**1/25/2002**Skills, Experience & Professional Skill Set Value to The Board of Trustees

First I'm a compulsive overeater, participating in GSA groups, in abstinence from Jan 25. 2002 and using the GSA, the Twelve Steps and Twelve Traditions of Alcoholics Anonymous as a way of life.

Then I'm entrepreneur, management & Operational specialist with extensive and diverse experience in implementing complex projects gained in over 3 decades of working with governmental entities, NGOs and large corporations.

I bring the Board of Trustees my own experience in GSA abstinence alongside to my business experience, group facilitating experience and creative, methodical and economic thinking.

I hope to help other compulsive eaters to achieve abstinence and a way of life

GreySheeters Anonymous Service History

Serving the GSA community from 2002 as a BOT member, BOT liaise with the GreySheet Committee, World Service Conference Communication committee member, AWOL study group co-leader, organizer of several Round Ups, treasurer, secretary, booker, sponsor, and most importantly - I weigh and measure my food without exception 3 times a day and committed a food plan to my sponsor NMW.

Sara S.**5/24/09**

As a Board Member, I served as Liaison to the Literature Committee, served on the Website Committee, liaison to the European Intergroup which I have attended and reported on for three years.

I also started the East Bay Round Up and this summer, along with Grainne, will be starting the first ever Irish/Dublin Round-Up in August.

I have served some sort of service position in every meeting I attend since I had 90 days. My home group is the Thursday "Without Exception" European Zoom meeting. I am the moderator, supposedly temporary, as my term was up in December!!! I am treasure of both the Face to Face Monday morning Zoom meeting and No Mattah Bloody What Sunday morning Zoom meeting.

I have started and continue to run Back to Basics Workshops based on the AA Pioneers reading of the big book of Alcoholics Anonymous.

I have formed a sub-group of the Literature Committee of which I am chair and we are writing a booklet "Living Abstinent" along the theme of the AA booklet "Living Sober."

I am a good writer; I am responsible—I show up when I say I will show up; I'm willing to work even when it's inconvenient; I'm willing to work in between BOT meetings (and I believe that should be in your list of requirements); I'm willing to remind the Board of the Traditions and the Concepts when things get tetchy, particularly when issues of finances became more important than our Spiritual program and faith/trust in a Higher Power. I wasn't very successful at that.

Alan S. Cocaine Anonymous/ Alcoholics Anonymous Sobriety Date 6/10/1999Cocaine Anonymous Service History

- 2021 CAWSC Chair (2021 World Service Convention)
- 2009-2019 CAFCA (Cocaine Anonymous Corporate Affairs Chair)
- 2008, 2013 CANY Area Chair
- 2006, 2009, 2012, 2014, 2016, 2018-2020 Area Treasurer
- Founded afternoon meeting at the Cocaine Anonymous Office from 2005-2014
- Secretary for numerous meetings
- Treasurer for numerous meetings
- CA World Service Delegate 2002-2010, 2012-2017

Skills/Experience Useful to Board

- Extensive non-profit and financial experience.
- Has served as Board Chair of Cocaine Anonymous on the Finance Committee 2012-2014 and the Public Information Committee 2014-2015
- Creates, manages, and executes non-profit annual budgets for CAWS
- Own business for 20 years as an outsourced accounting department
- Accountant / Outsourced Controller